

#### **DEPARTMENT OF HEALTH & HUMAN SERVICES**

Public Health Service Food and Drug Administration

## Memorandum

Date:

March 2, 2003

0861

103 MAR -3 P1:50

From:

Division of Dietary Supplement Programs and Compliance, HFS-810

Subject:

75-Day Premarket Notification of New Dietary Ingredients

To:

Dockets Management Branch, HFA-305

New Dietary Ingredient:

Idebenone

Firm:

Threshold Enterprises Ltd.

Date Received by FDA:

December 2, 2002

90-Day Date:

March 2, 2003

In accordance with the requirements of section 413(a) of the Federal Food, Drug, and Cosmetic Act, the attached 75-day premarket notification and related correspondence for the aforementioned new dietary ingredient should be placed on public display in docket number 95S-0316 as soon possible since it is past the 90-day date. Thank you for your assistance.

Catalina Ferre-Hockensmith

Attachments

955-0316

RPT 158



Food and Drug Administration College Park, MD 20740

## FEB 1 4 2008

0862 '03 MAR -3 P1:50

Mr. Barry Sugarman, B.S.ENGR. Consultant to the President Threshold Enterprises Ltd. Quality Control Department 11 Janis Way Scotts Valley, California 95066

Dear Mr. Sugarman:

This letter is in response to your submission to the Food and Drug Administration (FDA), dated November 26, 2002, (as supplemented by information you provided by telefax on December 17, 2002) for a new dietary ingredient made pursuant to 21 U.S.C. 350b(a)(2) (section 413(a)(2) of the Federal Food, Drug, and Cosmetic Act (the Act)) and 21 CFR 190.6. Your letter notified FDA of your intent to market Idebenone, a substance that you assert is a new dietary ingredient.

The term "dietary supplement" is defined in the Act, as amended by the Dietary Supplement Health and Education Act of 1994, as a product (other than tobacco) intended to supplement the diet that bears or contains a vitamin, a mineral, a herb or other botanical, an amino acid, a dietary substance for use by man to supplement the diet by increasing the total dietary intake, or a concentrate, metabolite, constituent, extract, or combination of any of the above ingredients (21 U.S.C. 321(ff))(1)). Moreover, to be a dietary supplement, a product must be intended for ingestion in a form described in 21 U.S.C. 350(c)(1)(B)(i) or comply with 21 U.S.C. 350(c)(1)(B)(ii), must not be represented as conventional food or as a sole item of a meal or the diet, and must be labeled as a dietary supplement (21 U.S.C. 321(ff)(2)). The definition excludes an article that is authorized for investigation as a new drug, antibiotic, or biological for which substantial clinical investigations have been instituted and for which the existence of such investigations has been made public, which was not before such authorization, marketed as a dietary supplement or as a food (21 U.S.C. 321(ff)(3)(B)).

FDA has carefully considered the information in your submission, and we have concluded that Idebenone is not a dietary supplement because it does not meet the statutory definition of a dietary supplement in 21 U.S.C. 321(ff). First, Idebenone is not a "dietary ingredient" as defined in 2 1 U.S.C. 32 1 (ff)(1). Second, Idebenone is excluded from the definition of a "dietary supplement" under 21 U.S.C. 321(ff)(3)(B).

Your new dietary ingredient notification is for Idebenone. Idebenone is not a vitamin, mineral, herb or other botanical, amino acid, dietary substance for use by man to supplement the diet by increasing the total dietary intake, or a concentrate, metabolite, constituent, extract

### Page 2 - Mr. Barry Sugarman, B.S.ENGR.

or combination of any ingredient described above. Idebenone is also not a "dietary substance" because it cannot reasonably be viewed as a substance "for use by man to supplement the diet by increasing the total dietary intake." Idebenone is a synthetic analog of coenzyme Q10 that is not food, nor is it used for food. Therefore, Idebenone is not a dietary ingredient.

Furthermore, your product is excluded from the definition of "dietary supplement" under 21 U.S.C. 321(ff)(3)(B). Idebenone is an article authorized for investigation as a drug for which substantial clinical investigations have been instituted in the United States, and the investigations have been made public, and which was not before such authorization marketed as a dietary supplement or as a food.

In sum, the ingredient for which you have submitted a new dietary ingredient notification is not a dietary ingredient under the Act. Moreover, the product to which you refer in your submission appears to be a drug under the Act and thus subject to the regulatory requirements of drugs.

Your submission will be kept confidential for 90 days from the date of receipt, and after April 17, 2003, your submission will be placed on public display at Dockets Management Branch (Docket No. 95S-0316). Commercial and confidential information in the notification will not be made available to the public.

Please contact us if you have questions concerning this matter.

Sincerely yours,

Susan J. Walker, M.D.

Acting Director

Division of Dietary Supplement Programs Office of Nutritional Products, Labeling

Se Will

and Dietary Supplements Center for Food Safety

and Applied Nutrition



Quality Control Department, 11 Janis Way Scotts Valley, CA 95066

Phone: 831-461-6413

0863 '03 MAR -3 P1 :5 FAX: 831-461-1024

December 17, 2002

Catalina Ferre-Hockensmith, Consumer Safety Officer
Office of Nutritional Products, Labeling and Dietary Supplements (HFD-820)
Center for Food Safety and Applied Nutrition, Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740

Phone: 301-436-2371, Fax: 301-436-2636, 2639

Dear Ms. Ferre-Hockensmith,

This acknowledges receipt of your voice mail message dated Friday 12/13/2002 regarding our 75-day notice dated November 26, 2002 for Idebenone. I received the correct spelling of your name and title just this morning when I spoke to your receptionist.

Here is the information that you requested:

Your question: Is this product a tablet or capsule? Our Answer: We intend to manufacture both a tablet and a capsule.

Your question: Are there any target populations that are excluded from use? Our Answer: We will have the same warning that we have on our CoEnzyme Q10 products which is: "Warning: If you are pregnant or breastfeeding, consult your healthcare professional before using this product."

Your question: What strengths will the product be: Our answer: We intend to have a number of strengths between 15 mg and 300 mg per tablet or capsule. The total daily dose will be between 15 mg and 300 mg taken in divided doses 1 to 3 times per day.

Your question: What other ingredients will be present? <u>Our Answer:</u> Tablet and capsule excipients will be used such as microcrystalline cellulose, stearic acid, magnesium sterate, colloidal silicon dioxide, dibasic calcium phosphate, Croscamellose Sodium, or other commonly used binders or tablet lubricants.

Thank you very much.

Sincerely,

Barry Sugarman, BS.ENGR, Consultant to the President.

(Office Phone: 310-355-6046, FAX 310-454-9592, email:barry@diverstech.com)

DISTRIBUTION: Don Cleveland, Norm Nelson, Ira Goldberg, Jeri Anderson, Brian Cayton, Nick Momtchiloff



Quality Control Department, 11 Janis Way Scotts Valley, CA 95066

Phone: 831-461-6413

FAX: 831-461-1024

0864 '03 MAR -3 P1:50

November 26, 2002

Office of Nutritional Products
Labeling and Dietary Supplements (HFS-820)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740

Dear Sir or Ma'am,

This is a 75-day notice pursuant to 21 CFR 190.6, and 21 USC 350b of the Dietary Supplement Health and Education Act of 1994. Threshold Enterprises Ltd. (Threshold), 11 Janis Way, Scotts Valley, CA 95066 wishes to notify the Food and Drug Administration that Threshold will market a new dietary ingredient <u>Idebenone</u>, a synthetic analog of Coenzyme Q10 (Ubiquinone), a universally accepted and safe dietary supplement. Accordingly, we are submitting this original and two (2) copies of this notification.

The dietary Supplement which contains Idebenone, will consist of a dosage of 15 to 300 mg of Idebenone per day in a tablet or capsule, which will be suggested to be taken one (1) to three (3) times per day in divided doses.

Attached, please find a published review of scientific studies and other information which establish that this dietary ingredient, when used under the conditions suggested in the labeling of the dietary supplement, is reasonably expected to be safe.

Threshold has contacted Takeda, one of the manufacturers of Idebenone ingredient, and they have advised that this ingredient is not currently the subject of any Investigational New Drug (IND) applications. Further, we have included information indicating that the product is already being offered for sale as a 45 mg per capsule/tablet dietary supplement in the marketplace in the United States by other firms.

Thank you very much.

Sincerely,

Barry Sugarman, B.S.ENGR.

Consultant to the President (Office Phone: 310-355-6046, FAX 310-454-9592, email: barry@diverstech.com)

Enclosures: Chemistry Information and Published Studies

(12)3|01 (2)3|01

**DISTRIBUTION:** Don Cleveland, Norm Nelson, Ira Goldberg, Jeri Anderson, Brian Cayton, Nick Momtchiloff

Scotts Valley, CA 95066 Phone: 831-461-6413

FAX: 831-461-1024

# **Structural Formulas:**

## Co-Enzyme Q10

## **Idebenone**

$$H_3C - O$$
 $CH_3$ 
 $CH_3$ 
 $CH_3$ 
 $CH_3$ 

Coenzyme Q-10

$$H_3C-O$$
 $H_3C-O$ 
 $H$ 

QSA-10 (idebenone)

Co-Enzyme Q10 (Ubiquinone) is an accepted dietary supplement. Idebenone is a structural analog to Co-Enzyme Q10



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**Products** 

About Kirkman

## Kirkman's Idebenone **Hypoallergenic Capsules**

 ingredients \* description

· recommended use

· FAQs

Form: Capsules Package Size: 60 ct. **Product Class: Specialty** 

Product

Primary Use: An analog of Coenzyme Q-10 possessing powerful antioxidant properties



\$25.00

Now Shipping add to cart

Product	Form	Size	Price	Articles
Kirkman's Idebenone Hypoallergenic Capsules	Capsules	60 ct.	\$25.00	articles 🗼 add to cart

#### Ingredients:

Each capsule	supplies
Idebenone	45 mg

Other Ingredients: Plant Cellulose, Silicon Dioxide, and Magnesium Stearate (Vegetable).

NOTE: Kirkman's Idebenone does not contain any wheat, casein, gluten, sweeteners, corn, yeast, starch, artificial colors or flavors.

#### Recommended Usage:

As a dietary supplement:

According to age	Capsules		
Younger Children	1-2 capsules daily		
Older Children	2-4 capsules daily		
Adults	2-4 capsules daily		

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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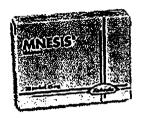
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## MNESIS (IDEBENONE)\*

Idebenone is a cerebral stimulant and increases brain energy levels. It is also used to treat and prevent strokes. The chemical structure of Idebenone is similar to that of co-enzyme Q10. However researchers believe that

CoQ10 under certain circumstances may become a pro-oxidant, a trait not present in Idebenone. Like CoQ10, Idebenone has protects the heart and is a potent antioxidant.

According to a study published in Neuropsychobiology (1997;36:73-82), "three hundred patients with mild-to-moderate Alzheimer's disease were randomized to receive either placebo, idebenone 30 mg three times per day, or 90 mg three times per day for six months. Statistically significant improvement was noted in the total score of the Alzheimer's Disease Assessment Scale (ADAS-total), and in one cognitive parameter (ADAS-cog). An analysis of therapy responders revealed significant improvement in three outcome measures (clinical global response, ADAS-Cog, and non-cognitive scores) in the idebenone 90 mg three times per day group, compared to placebo".

May cause insomnia, gastralgia, nausea and anxiety. No known contraindications. If taking other anti-convulsants, consult a Doctor before begining this medication.

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Order	DMAE veggie caps	250 mg	100 caps	9.95
Order	Galantamine www.galantamine.cc	8 mg	60 caps	39.95
Order	GalantaMind <sup>™</sup> 8mg galantamine, 200mg choline, 100mg Vit B-5	8 mg	30 caps	29.95
out of stock	GalantaMind™	8 mg	90 caps	69.95
Order	Ginkgo Biloba 24%	60 mg	60 caps	4.95
Order	Huperzine A	50 mcg	120 caps	19.95
Order	Idebenone www.idebenone.info	45 mg	30 caps	29.95
Order	NADH Enada	5 mg	30 tabs	19.95
Order	Phosphatidylserine	100 mg	60 caps	29.95
Order	Picamilon www.picamilon.net	100 mg	60 caps	27.95
Order	Pyritinol www.pyritinol.info	200 mg	60 caps	29.95
Order	Pyroglutamic Acid	1000 mg	120 tabs	23.95
Order	Vinpocetine www.vinpocetine.info	20 mg	60 caps	19.95
Order	<b>Vinpocetine</b> 12 bottles @ \$12 = \$144	20 mg	720 caps	\$144
Order	Get S <u>mart</u> ™	313 mg	60 caps	34.95
Order	<b>Get Smart</b> ™ 12 bottles @ \$21 = \$252	313 mg	720 caps	\$252
	ingredients: vinpocetine 10mg, Huperzine A 1 pyritinol 100mg, bacopin 50mg, g galantamine 350mcg, Idebenone 3	jinkgo biloba 25	mg,	
Order	Pay Attention™ 12 bottles @ \$15	232 mg	60 caps	24.95
	ingredients: vinpocetine 5mg, Huperzine A 7 pyritinol 25mg, bacopin 50mg, g galantamine 100mcg, Idebenone	inkgo biloba 25n	ng,	
Order	MegaMind™		30 tabs	15.95
Order	MegaMind™		60 tabs	25.95
	ANTIOXIDANTS		· <u></u> · ·	
Order	Alpha Lipoic Acid	300 mg	60 caps	19.95
Order	Alpha Lipoic Acid 12 bottles @ \$12	300 mg	720 caps	\$144
Order	Carnosine buy 2 get 1 free	100 mg	60 caps	19.95
Order	Carnosine 12 bottles @ \$10	100 mg	720 caps	\$120

Order	Carnosine eye drops		5 x 2 ML	34.00
Carnosine article #1 Carnosine article #2		Carnosine eyedrops article		
Order	Coenzyme Q10 each cap also contains 10mg idebenone	100 mg	60 caps	29.95
Order	Coenzyme Q10 12 bottles @ \$20 each cap also contains 10mg idebenone	100 mg	720 caps	\$240
Order	Coenzyme Q10 in rice bran oil	100 mg	50 gels	29.95
Order	Germanium Ge-132	100 mg	30 caps	19.95
Order	Grape Seed	60 mg	90 caps	10.95
Order	Green Tea	400 mg	100 caps	9.95
Order	Idebenone www.idebenone.org	45 mg	30 caps	29.95
Order	Life Extension Mix™		490 caps	69.95
Order	Lutein	20 mg	60 caps	14.95
Order	Lycopene	10 mg	60 gels	19.95
Order	N-Acetyl Cysteine	600 mg	100 caps	17.95
	PBN alpha phenyl t-butyl nitrone	30 mg	30 caps	30.00
Order	Quercetin	400 mg	120 caps	19.95
Order	Super Antioxidants™	470 mg	60 caps	14.95
Order	Tocotrienols	150 mg	60 caps	19.95
Order	Vinpocetine	20 mg	60 caps	19.95
	HORMONES			
Order	Androstenedione + diol	200 mg	60 caps	19.95
Order	DHEA	50 mg	50 caps	9.95
Order	DHEA	100 mg	50 caps	14.95
Order	DHEA 7-Keto	25 mg	90 caps	19.95
Order	Melatonin sublingual	3 mg	90 tabs	6.95
Order	Pregnenolone	50 mg	60 caps	12.95
	MISC.			
Order	Adrenal bovine adrenal cortex extract	liquid	15 ML	36.00
Order	ATP enteric coated tablets	60 mg	60 tabs	15.95
Order	Glucosol™ regulates blood sugar	24 mg	60 gels	13.95
Order	Ipriflavone	200 mg	60 caps	6.95
Order	PRO hGH take 2 tabs 5 days on 2 days off	<u>_</u>	40 tabs	99.95
Order	SAMe blister packed	20 mg	20 tabs	19.95
Order	Saw Palmetto	160 mg	60 gels	8.95
Order	Serrapeptase	5 mg	120 tabs	17.95
Order	Serrapeptase 12 bottles @ \$10	5 mg	1440 tabs	\$120
	serrapeptase studies serrapeptase testimonials		se references	
Order	<b>Testasomal™</b> transdermal cream 5000mg androstenedione + androstenediol	5000 mg	2 oz	19.95

Order Theanine green tea extract - relaxant	Theanine green tea extract - relaxant		90 cap	s 19.9
Order 5-Hydroxy Tryptophan		50 mg	60 cap	s 14.9
IMMUNE S	SUPPOR	T		
Order Beta-1,3/1,6-Glucan		100 mg	90 cap:	s 19.9
Order Cetyl Myristoleate		100 mg	180 gel:	s <b>59.9</b> 9
Order Germanium Ge-132		100 mg	30 cap	s 19.9
Order Germanium Ge-132 12 bottles @ \$1	2	100 mg	360 cap	s \$14
Order IP-6		800 mg	100 cap	s <b>21.9</b>
Order Monolaurin		500 mg	100 cap	s <b>19.9</b>
Order Olive Leaf 10%		500 mg	60 cap	s 14.9
Order Oregano Oil			90 gel	s 14.9
Order Tea Tree Oil			1 o:	z 8.9
Quantity D	)iscou	nts		
Order Acetyl L-Carnitine	500 m	g 50 caps	12 bottles @	\$15.00
Order Alpha Lipoic Acid	300 m	g 60 caps	12 bottles @	12.00
Order Cardio Chelate 400mg EDTA	650 m	g 60 caps	12 bottles @	12.00
Order Cardio Chelate 400mg EDTA	650 m	g 180 caps	12 bottles @	24.00
Order Carnosine	100 m	g 60 caps	12 bottles @	10.00
Order Coenzyme Q10 each cap also contains 10mg idebenone	100 m	g 60 caps	12 bottles @	20.00
Order Galantamine	8 m	g 60 caps	12 bottles @	24.00
Order Germanium Ge-132	100 m	g 30 caps	12 bottles @	12.00
Order <b>Get Smart™</b>	313 m	g 60 caps	12 bottles @	21.00
Order Idebenone www.idebenone.org	45 m	g 30 caps	12 bottles @	20.00
Order Monolaurin	500 m	g 100 caps	12 bottles @	12.00
Order Pay Attention™	232 m	g 60 caps	12 bottles @	15.00
Order Phosphatidylserine	100 m	g 60 caps	12 bottles @	22.00
Order Pyritinol www.pyritinol.org	200 m	g 60 caps	12 bottles @	18.00
Order Serrapeptase 10,000 units/ tab	5 m	g 120 tabs	12 bottles @	10.00
Order Vigorex		60 caps	12 bottles @	15.00
Order Vinpocetine veggie caps	20 m	g 60 caps	12 bottles @	12.00
Order 5-Hydroxy Tryptophan	50 m	g 60 caps	12 bottles @	7.50

# **Smart Nutrition**

1765 Garnet Ave #66 San Diego, CA 92109 phone: 800-599-8607 phone: 858-270-9015 fax: 802-609-5932

smart@smart-nutrition.net

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